



Relationship Status: (Circle all that apply)

| | | | |
|---|-----------|---------------------------------------|--------------------------------|
| Single | Married | Divorced | Separated |
| Widowed | Remarried | Long-term Relationship | Cohabiting |
| Current partner's name: | | Partner's Occupation: | Length of Relationship: |
| How satisfied are you with your current relationship (on a scale from 1-10)? | | | |
| (very unsatisfied) 1 2 3 4 5 6 7 8 9 10 (very satisfied) | | | |
| What is your occupation? | | Employer: | |
| Do you enjoy your occupation: YES/NO | | Average hours worked per/week: | |

| | |
|---|--|
| Have you ever received or given abuse: YES/NO | If yes please circle type: Physical Emotional Sexual Neglect Other |
|---|--|

| | |
|--|----------------------------|
| Do you have a primary care physician? YES/NO | Physicians name: |
| Are you under the care of a psychiatrist? YES/NO | Psychiatrists name: |

| | | | | | |
|---|---------------|------------------------|-------------------------|----------------------|-----------------|
| Are you under the care of a specialist? YES/NO | | | | | |
| If yes, please circle type of specialist: | | | | | |
| Cardiologist | Dermatologist | Endocrinologist | Gynecologist | Infertility | Nephrologist |
| Neurologist | Nutritionist | Occupational Therapist | Oncologist/Hematologist | Orthoedic Specialist | Pain Specialist |
| Physical Therapist | Psychiatrist | Rheumatologist | Sleep Specialist | Urologist | Other: |

Please list any chronic illness, disabilities, or medical conditions that you have been diagnosed with:

| | |
|---------------------------|--------------|
| Illness/Disability | Dates |
| | |
| | |
| | |

List all medications you are currently taking:

| Medication | Dosage | Treating |
|--|--------|----------|
| | | |
| | | |
| | | |
| | | |
| Are you taking the medications according to your doctor's recommendation? YES/NO | | |
| If No, briefly explain: | | |

| | |
|---|--|
| Do you drink alcoholic beverages? YES/NO | If yes how many alcoholic beverages do you drink ___ weekly ___ daily |
| Do you think you have a drinking problem?" YES/NO | Does anyone else think you have a drinking problem? YES/NO |
| Do you smoke? YES/NO | If yes, how many cigarettes/packs do you smoke? ___ cig./day ___ packs/day |
| If yes, when did you start smoking? | Have you ever tried to quit? YES/NO |
| Have you in the past or currently: used, abused, or experimented with illegal drugs? YES/NO | If yes, briefly explain: |

| |
|--|
| Have you ever attempted/seriously contemplated suicide? YES/NO |
| If yes, describe briefly and indicate dates: |
| |
| Have you ever had a psychiatric hospitalization? YES/NO |
| If yes, describe briefly and indicate dates: |
| |

Therapy Experiences and Expectations:

| Are you currently seeing another therapist? YES/NO | | | |
|---|-----------------|--------------|---------------------------|
| If yes, please indicate the therapist's name: | | | |
| Have you ever been in therapy in the past? YES/NO | | | |
| If yes, please fill out the following on your previous counseling experience(s): | | | |
| Therapist | Location | Dates | Reason for therapy |
| | | | |
| | | | |
| | | | |

Briefly describe your reason(s) for seeking therapy at this time:

What goals do you wish to accomplish during the therapy process?

Is there anything else you would think would be important for me to know about you and your family?